How To Get The CD To Work In Your Computer
(Way 1 and/or Way 2 will work if they are done right.)

Way 1: PC's
Step 1: Insert disk
Step 2: Open "My computer"
Step 3: Right click on the CD in "My Computer"
Step 4: Click "Explore"
Step 5: You should see in the window, a bunch of folders ad some files on the CD. Click on the "activity" folder
Step 6: Open the folder labeled the chapter number of the activity of you wish to do
Step 7: Double click (or right click, then "open") on the activity you wish to do

Way 2: Mac
Step 1: Insert Disk
Step 2: Right click (ctrl + click mouse) on the CD that showed up on your desktop*
Step 3: Click "open"
Step 4: You should see a window with files and folders in it, open "activity"
Step 5: Open the folder labeled the chapter number of the activity you wish to do
Step 6: Double Click (Or ctrl + mouse click, then open) on the activity you wish to do
Please Note: If the CD does not show up on your desktop, open "Macintosh HD" and continue with step 2

The Following Instructions Are For Techies Only! (Only try it this way if you know what you are doing.)
You can attempt to copy the entire CD to your hard drive by right clicking on the CD (ctrl + mouse click for MAC) and clicking the option "copy" and right click (ctrl + click for MAC) and clicking "paste on the desktop. This will copy some files, but it may run into errors. This is not guaranteed to work! The files on the CD are old enough they may not be recognizable, and it is copy protected. You can try and just copy the activities folder, or just the files with the links to the activities, to avoid this.